

EXTREME SURVIVAL



Let's Pray We Never Have To Go Through A Bad Disaster!

I hope you enjoy this book...

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To survive any disaster, you must do your homework first, not after a disaster!

The following items are a must have to survive a disaster, and more could be added to this list...

First Aid Kit



First aid kits are very important in any disaster, to maintain your body to keep from getting an infection. An infection can kill you if you cant get to a doctor, and during a disaster, you may not be able to go to the hospital, so it's very important to keep any wounds clean.

A Supply Of Lighters Or Fire Starter



Lighters Or Fire Starter

Having a supply of lighters, will give you the ability to start a fire if and when needed, depending on if a disaster is during the winter. Even in the summer, some nights you may want a fire. You will need a fire for cooking also. You can get matches, or fire starter. Matches may get wet, so lighters will be the best choice.

Sleeping Bags



Sleeping bags For Every Family Member

You will need a sleeping bag for every family member that is in your group, so everyone can sleep warmer at night. Most sleeping bags can be rolled up to a small bundle, so storing them will be easier. Everyone should take care of their own sleeping bag, and all their own gear.

Tent/Tents



A tent or many tents depending on the size of your family or group

Depending on how many family members you have, you should have a large enough tent to sleep you all, or at least a couple of tents to make sure everyone can sleep in a tent instead of outside. When a disaster hits, depending on what kind of a disaster. If all power is off, and it's been off more than two weeks, than I suggest you leave your home for the woods. After a couple of weeks without power, it could be dangerous.

Learn How To Make A Shelter



Know how to make a shelter

Learn how to make a quick shelter, just in case you don't have a tent, or you could not bring one with you due to running away from trouble. Knowledge of making outdoor shelters can be a great survival tool, especially if the weather is below freezing. You must learn how to make a shelter now, and not after a disaster.

Plastic Tarps



Plastic tarps of many sizes

You can buy a large roll of plastic tarp. The picture at the left is a blue tarp, and I suggest getting a black plastic roll of tarp. this will be a great tool for covering a homemade shelter. This will keep you dry. You can use it on the floor of your shelter, so you wont have to be on the grass or dirt.

Rope



Plenty of rope

You should have a few bundles of rope, for making a shelter. Rope is a must have for many different task while living outdoors. You may have some ideas of what you would use the rope for. Rope is great for tying the branches together, and for tying on the tarp for the roof.

Cooking Utensils



You will need cooking utensils

You will need cooking utensils, like pots with cover and handles. You will be cooking over an open fire, so I suggest you cook a few meals over an open fire to know how to do it. Learning this after a disaster can be trying. There are plenty of camping pots and pans that will work fine. A two burner camp stove would be great for cooking.

Water Bottles



Water bottles for every family member

Have a plastic bottle with a lid for every family member, with their name on them. Everyone must take care of their water bottle. You should have at least one water jug that will hold a few gallons of water. When you run out of clean water, you can get water out of any pond or stream. You can buy some water purifying pills to clean the water, than fill up every ones water bottle. Always keep the large water jug full of clean water.

Food



Stock up on food

Stock up on all kinds of food that is caned, or in jars, so it will keep much longer. Bags of dried beans and rice are very good for lasting a long time. Use your head and buy what you think is best for you and your family.

Slingshot



Slingshots are quiet

If you don't own a gun or a bow, you can buy a sling shot and make sure you practice with it to get good at hitting your target. You can kill small game with a sling shot, like rabbits, squirrels, and some small birds. Slingshots don't make much noise and depending on the disaster, you may want to be quiet not to be noticed.

Cooking Outdoors



Learn how to cook outdoors

Learn how to cook outside over an open fire, because this may be the only way you have to cook for awhile. You can find tons of outdoor cooking books, some free and some paid.

Hunting Deer



Learn to hunt

Learn how to hunt deer and clean them. Deer may be the only meat animal you'll find. You can hunt them with a bow, a crossbow, deer rifle, or shotgun. Learn how to use them all.

Fishing



Learn to fish

If you don't know how to fish, learn how now, and not after a disaster hits. Farm ponds are on most farms or in some parks that can provide you fish to fry. If you don't have any bait, use anything you can find crawling on the ground. Buy some hooks, sinkers, and some fishing poles.

Guns



Learn how to use a gun

Learn how to use a gun. Buy a deer rifle for big game. Buy a 22 rifle for small game. Make sure you practice until you can load and unload and hit your target. Buy plenty of ammo. You might even have to protect yourself. Teach your kids how to shoot.

Cross Bow



Cross bows are very quiet

A crossbow is a very handy tool for surviving a disaster. You can kill a deer with a crossbow, and any small game. You can even shoot fish by the banks of a pond. Cross bows are quiet when you don't want to get noticed. Teach your kids how to use a cross bow.

Compound Bow



A must have weapon for surviving a disaster

A compound bow is a must to have because of its quietness, and if you're hidden in the woods and you don't want anyone to know where you are, it's perfect for hunting. Learn to shoot a compound bow and teach the whole family.

Know The Land



Get to know the land around you especially if you plan on hiding ther

Before any disaster hits, you should do your homework now, and find a place for you and your family to run to. A place you can hid out for awhile, or until it's safe to come out and go home. If it's a long term disaster, you might want to stay until you know for sure it's safe to go home.

There are many more things I could mention here, but you know what to do to keep your family safe.

I want to hope nun of us have to suffer through a bad disaster but the these times tell a different story. America is headed for something bad that we cant control so we have to defend our self and families because the Government wont be there, they are mostly the cause of the problems of America today.

Good Luck And God Bless!

Conclusion

Let's All Pray For America And For Our Kids!

Thank You For Reading This E-Book!

Don't Forget About Your Pets During A Disaster!



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